

A majority of the 1st World is presently witnessing a catastrophic state of institutional failure in their primary state-sponsored Medical industries. Hospitals are being built at breakneck speeds to combat a global health crisis, but in reality, it's not actually a crisis at all, but in fact a masterfully orchestrated plan carried out by a sick Cabal of elite profiteers. Previously known as "Robber Barons," their wealth goes all the way back to Pharaoh. Over centuries, they've studied psychology, black magic and alchemy, and used their advanced occult knowledge against the common people. In a way the Healing Web is comparing the worst of Big Pharma to the best of Holistic medicine. That may seem biased at first, but as you come to understand the full history, and that Medicine is partially being employed as a tool for mass extermination, Holistic philosophy is clearly the better choice of first resort. Diet modification alone could prevent or reverse a majority of diseases, but our institutions have misled us on some of the most fundamental aspects of health & nutrition. They have lied about what is unhealthy, while at the same time, they've taken naturally healthy foods and sapped the nutrition out of them through cooking & pasteurization. Other foods have been transformed into poison by adding preservatives, and sugar. Many personal physicians may mean well, but the core of the Medical industry is frightfully corrupt. The interaction between Government, Big Pharma, Big Ag, and Big Food constitutes a perpetual genocide we've come to accept as the norm.

Thankfully, we still have a choice. Every condition would benefit from a multifaceted approach to treatment, such as a combination of detox, diet, exercise, immune support through supplementation, and energetic & spiritual healing. A holistic approach can even include a pharmacological treatment, with ancillary natural remedies to minimize the side effects.

What is the optimal diet for human health and longevity? Many are struggling to find an answer to this question. The debate has been polluted with much propaganda and misinformation from every side. Clearly the Standard American Diet that most people grew up with was the wrong answer. Excess sugar and fried food have fueled one of the greatest unacknowledged epidemics man has ever known. Many are switching to a Vegan diet in retaliation to the obvious horrors of factory farming, but is Veganism really the best answer?



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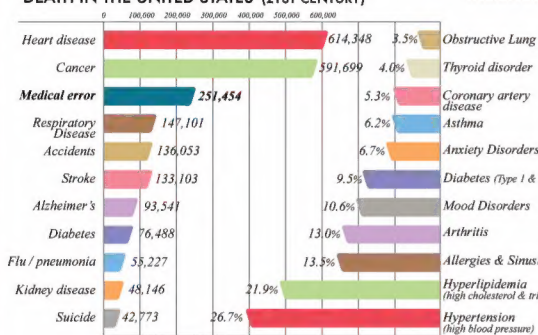
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DEATH IN THE UNITED STATES (21ST CENTURY)



PREVALENT CHRONIC CONDITIONS

INDEX OF CONDITIONS & REMEDIES

HEART DISEASE, HYPERTENSION:

Causes: Standard American Diet, Processed Food & Meat, Fried Food, White Carbs, Fast Food, Stress, Obesity.
Pharma: Antihypertensives, Statins, Stent & Bypass Surgery, Cholesterol Recommendations, AHA.
Holistic: Organic Diet, Exercise, Celery Juice, Cat's Claw, Cinnamon, Raw Cacao, Stress Reduction, Oxygen Therapy.

CANCER:

Causes: Genetic and Environmental Factors, Sugar, Carcinogens, Radiation, Preservatives, GMO's, Herbicides, Pesticides, Acrylamides, Artificial Sweetener & Coloring.
Pharma: Chemotherapy & Radiation Therapy (Carcinogens), Surgery, Stem Cell Transplant, Screening Tests.

Holistic: Carcinogen Avoidance, Toxic Environment Elimination, Organic Diet, Cannabis (FECO oil), Natural Cancer Protocols, Turmeric, Jackfruit, Soursop, Gerson Therapy, Coffee Enemas, B17, Light Therapy, Electric Healing, Essiac Medicine, Crystals, Covellite, Organic, Sound Healing, Spiritual Healing, Releasing Trauma, Green Tea, Leafy Greens, Cruciferous Vegetables, Black Seed Oil, Frankincense, IV Vitamin C Immune Support, Sleep & Relaxation, Apple Cider Vinegar, Exercise, Rebounding, Physical Therapy, PEMF Therapy, Lymph Massage, Vibration Therapy, Alkaline Diet.

NEURODEGENERATIVE DISEASES:

ALZHEIMER'S, DEMENTIA, PARKINSON'S, ALS, MS:
Causes: Metal Poisoning (Aluminum), Antipsychotics, Statins, Antihypertensives, Anesthetics, Sleep

Meats, Cholesterol Deprivation, Chronic Inflammation.
Pharma: Cholinesterase Inhibitors, Memantine.
Holistic: Detox, Natural Chelation, Organic Diet, Mushrooms, Green Juice, Cholesterol, Keto Diet, Exercise, Cannabis, Fish Oil.

COLD / FLU, RESPIRATORY & SINUS INFECTION:

Causes: Flu Shot, Chemtrails, Toxin Overload.
Pharma: Acetaminophen, Ibuprofen, Antibiotics, Decongestant, Expectantant, Flu Shot.
Holistic: Immune Support, Vitamin C, Echinacea, Astragalus, Herbal Tea, Raw Honey, Licorice, Adaptogens, Steam, Neti Pot, Nasal Breaths, Eucalyptus Oil, Nature, Sunshine, Fresh Air, Sound Healing, Organic Diet, Olive Leaf, Garlic, Exercise, Lymph Stimulation.

AUTOIMMUNE:

DIABETES (Type I: Autoimmune. Type II: Metabolic disorder / autoimmune).
Causes: Genetic and Environmental Factors, Obesity, Standard American Diet.
Pharma: Insulin, Metformin, Endocrinology.
Holistic: Organic Diet (Keto, Paleo, AIP, whole30, low glycemic), Sugar Elimination, Detox, Milk Thistle, Probiotic, Apple Cider Vinegar, Cinnamon, Exercise (weight loss), Cannabis, CBD.

ALLERGIES: HYPERIMMUNE, ASTHMA, FOOD ALLERGY

Causes: Toxic Environment, Toxin Overload, Smoking, Mold, Dust, Hypersensitivity (Fibrosis).
Pharma: Antihistamines, Corticosteroids, Cleaning Products, Detergent, Cosmetics, EMFs, Stress, Herbicides, GMO's, Pasteurized Milk.
Pharma: Antihistamine, Corticosteroids, Elimination, Expectantant, Immune Support, Organic Diet, Detox.
Holistic: Exposure Therapy, Toxic Environment Elimination, Stress Reduction, Exercise, Raw Local Honey, Neti Pot, Organic Diet.

ECZEMA, PSORIASIS

Causes: See Allergies

Pharma: Corticosteroids, Antihistamine.
Remedies: MSM (Chlorine Dioxide), Tea Tree Oil, Coconut Oil, Bentonite Clay, Organic Diet.
GASTROINTESTINAL DISORDERS:
DIGESTION, IBS, IBD, LEAKY GUT:
Causes: Standard American Diet, GMO's, Food Additives, Stress.
Pharma: Antacid, Laxative.
Holistic: Organic Diet, Ginger, Aloe Vera, Probiotics, Fermented Foods, Natural Chelation Therapy, Peppermint Husk.

ARTHRITIS, LUPUS, FIBROMYALGIA, JOINT PAIN:

Causes: Chronic Inflammation, Age, Obesity, Sports Injuries.
Pharma: NSAIDs, Adalimumab, Corticosteroids, DMARDs.
Holistic: MSM, Physical Therapy, Chiropractic, Organ Meat, Connective Tissue, Ginger, Magnet Therapy, PEMF, Reiki, Turmeric, Cat's Claw, Tepezcohuite, Same-e.

THYROID (HYPO, HYPERT):

Causes: Chronic Toxicity & Inflammation, Iodine deficiency, Poor Digestion, Malnourishment, Water Fluoridation.
Pharma: Endocrinology, Hypo: Levothyroxine (Synthroid), Hyper: Radioactive Iodine, Surgery.
Holistic: Organic Diet, Detox, Water Filtration, Sunlight, Stress Reduction, Hypo: Iodine, Seaweed, Irish Sea Moss, Bladderwrack, Dulse, Kelp, Maca Root, Lotus Pollen, Ashwagandha, Trace Elements.

CANDIDA:

Causes: Sugar, White Carbs, Low Immune System.
Pharma: Anti-fungal Medication.
Holistic: Sugar Elimination, Immune Support, Organic Diet, Detox.

MENTAL DISORDERS:

DEPRESSION, CHRONIC FATIGUE:
Causes: Wage Slavery, Big Pharma, The Cabal, Vegan Frankenfood, Malnourishment.

Pharma: Psychiatry, Antidepressants, SSRIs.
Holistic: Psychology, Hypnotherapy, Psilocybin Micro-dosing, Spiritual Healing, Soul Contract, Releasing Trauma, Reprogramming, ANXIETY, PTSD.
Causes: Wage Slavery, Big Pharma, The Cabal, Military Industrial Complex, Trauma of War.

ADDICTION:

Causes: Alcohol, Tobacco, Opioids, Oxycodone, Fentanyl, Sugar, Diet Beverages, Artificial Flavor.
Pharma: Psychiatry, AA, War on Drugs, Methadone, Liver Transplant.
Holistic: Psychology, Iboga, Ayahuasca, Spiritual Healing, Releasing Trauma, Reprogramming, Soul Contract.

NEUROBEHAVIORAL DISORDERS:

ADHD, ADD:
Causes: Standard American Diet, Sugar, Artificial Food Coloring, MSG, EMFs, Television.
Pharma: Amphetamines.
Holistic: Psychology, Detox, Organic Diet, Spiritual Healing, Cannabis, Kava, Avoid Non-Native EMFs, Turn off TV.

AUTISM:

Causes: Genetic and Environmental Factors, Vaccine Injury, Metal Poisoning.
Pharma: Behavior Therapy, SSRIs.
Holistic: Detox, Natural Chelation, Green Juice, Organic Raw Diet, Raw Meat, Cholesterol, Bone Broth, Probiotics, Fish Oil, Ketogenic Diet, Cannabis, Raw Dairy.

GENDER DYSPHORIA:

Causes: Arazine, Estrogen Mimickers, GMO Soy, Childhood Trauma, Vaccine Injury, Plastic Packaging, Vegan Frankenfood, Transhumanist Indocination.

Pharma: Gender Reassignment, Hormone Therapy.
Holistic: Psychology, Self Expression, Hypnotherapy, Ayahuasca, Spiritual Healing, Releasing Trauma, Reprogramming, Past Life Regression.

AIDS (Virus or Micoplasmia):

Causes: Infection, Biological Warfare, Eugenics, Democide.
Pharma: Antivirals, PrEP (prophylaxis), Gene Therapy (CRISPR) in development.
Holistic: Cure Suppressed, Immune Support, MSM, Ozone RHP, Cannabis, Anti Aging, Organic Raw Diet, Black Seed Oil, Blood Electrifaction (Micro-pulsing), Magnet Therapy.

LYME, BACTERIAL INFECTION:

Causes: Infection, Biological Warfare, Pharma: Antibiotics, IV Antibiotics, Stem Cell Transplant.
Holistic: Cure Suppressed, Immune Support, Detox, Organic Diet, MSM (Chlorine Dioxide), Cannabis, Natural Antibiotics, Herbal Supplements, Coconut Oil, Raw Meat, Bioresonance, IV Vitamin C, Glutathione, Sunlight, BYT.

PARASITES, MALARIA:

Causes: Infection, Mosquito Bite, Unsanitary Drinking Water.
Pharma: Antiparasitic Drugs, Antimalarial Drugs.
Holistic: MSM, Wormwood, Black Walnut Hull, ACV, Grapefruit Seed Extract, Lemon Juice, Blood Electrifaction (Micro-pulsing).

PHYSICAL INJURY:

Causes: Accidents, Physical Trauma, Sports Injury.
Pharma: Surgery, Hospitalization, Opioids, Emergency Medicine, Casts, Wheelchairs, Crutches, Artificial Limbs.
Holistic: Prevention, Physical Therapy, Chiropractic, Electric Muscle Stimulation, Kratom, MSM, Massage, DMSO, PEMF Therapy.

The progression of altruistic dieting from Vegan to Fruitarian, to Liquidarian, to Breatharian ends in severe malnutrition unless one miraculously develops supernatural Buddhist abilities. This is not a rational long term diet plan for ordinary people. Food anchors our souls to the 3D world. To achieve 3D consciousness through starvation is a form of self destruction, and defeats the purpose of this incarnation. Many who tried Veganism and experienced negative consequences have now gone back to a Carnivorous diet, and recognized that the mainstream push for Veganism may be part of the New World Order's depopulation agenda. We have been indoctrinated with a conception of beauty that idealizes anorexia and the malnourishment of women. Are we being soyed down, and fed frankenfood to make us docile and more easy to manage, as part of the same strategy that gave us water fluoridation and atmospheric aerosol injections? We are living through a war against our personal health being led by the establishment. To survive, we must go back to what we know is real, natural, and tested by time; organic food, sustainable farming, and raw nutrition. We've developed a culinary culture that involves overcooking everything, destroying beneficial enzymes, bacterial cultures, and proteins. This causes poor digestion and malabsorption of nutrients, which can have a negative domino effect leading to greater systemic illnesses. It's time to unlearn everything we've been taught by the agencies we thought we could trust.

Diet aside, the healing technologies being withheld from the public could extend life close to immortality. The prospect of eternal life may sound alluring, but it raises logistical capacity concerns. Does humanity have the maturity yet to adhere to a more ethical population regulation strategy that doesn't rely on mass deception, or are we as a species nothing more than a swarm of locusts pillaging one continent to the next, consuming planet after planet, leaving barren radioactive ruins in our path? Would we be considered a plague by the rest of the galaxy? Natural law dictates "kill or be killed," but how does civilization fit into the equation?

All energy and life-force is recycled from something that came before it. We are all one, and simultaneously individual refractions of Source. The Universe embodies the Eastern wisdom of Yin and Yang, not the New Age mantra, "Love & Light." Our mission, beyond survival, is to learn how to coexist in harmony with each other and all other sentient life in the universe, to create, and make progress without it devolving into endless consumption, our current societal model.



fig a. Double Helix DNA



fig b. DNA Damage

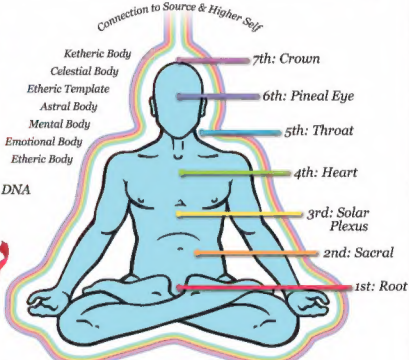


fig c. Seven Chakras & Auric Field

(Pulsed Electromagnetic Field), Cryotherapy.
OBESITY:
Causes: Standard American Diet, PUFA (vegetable oils), White Carbs, Sugar, Diet Products, Fast Food, Sedentary Lifestyle, Wage Slavery, Depression.
Pharma: Gastric Bypass, Liposuction, Weight-loss Medications.
Holistic: Organic Raw Diet, Exercise, Physical Therapy, Stretching, Vegan.

COSMETIC (Skin & Hair):

Causes: Aging, UV damage, Substance Abuse, Hair: Genetic, Stress, Poor Digestion.
Pharma: Plastic Surgery, Dermatology, Sunscreen, Hair: Transplant, Finasteride, Minoxidil.
Holistic: Anti Aging, Monatomic Gold, Tepezcohuite, BioHacking, Essential Oils, Coconut Oil, Antioxidants, Bentonite Clay, LED Therapy, Hair: Scalp Massages, Scalp Massage, Laser Stimulation, Biotin.

GENETIC DISORDERS:

Causes: DNA Damage, Ionizing Radiation, Carcinogens, EMFs, MRIs, X-rays, CT scans, Ultrasounds, Chemical Exposure, Random Mutations.
Pharma: Management Strategies, Therapy, Gene Therapy, Stem Cell Transplant.
Holistic: Prevention.

RADIATION (Ionizing & Non-ionizing):

Causes: Ionizing: X-rays, CT Scans, Fallout, Radioactive Contamination, Nuclear Power, Air Travel, Natural Sources. Non-ionizing: Non-Native EMFs, Power Lines, Cell Phone Towers, WIFI, Bluetooth, Cellular networks (4G, 5G), Internet of Things.

Pharma: Ionizing: Decontamination, Potassium iodide, DTPA, Prussian Blue. Non-ionizing: Denial of Dangers to Health.

Holistic: Ionizing: Iodine, Natural Chelation, Chlorella. Non-ionizing: Airplane Mode, Protective Stones (Shungite, Tourmaline).

Hematite, Faraday Cage (for cell-phone), Relocation (Escape EMF sources), Subterranean Bunkers.
BONES, OSTEOPOROSIS:
Causes: Chronic Toxicity, Pasteurized Milk, Vegan Frankenfood, Malnourishment.
Pharma: Bisphosphonates, Pasteurized Milk, Dairy, Bone Broth, Connective Tissue, Exercise, Physical Therapy, MSM, C60.

DENTAL (Tooth Decay):

Causes: Sugar, White Carbs, Malnutrition, Vegan Diet.
Pharma: Mercury Fillings, Fluoride Toothpaste.
Holistic: Brush & Floss, SLS & Fluoride Free Toothpaste, Remineralization, Organic Diet.

VISION (Near / Far-Sightedness):

Causes: Genetic and Environmental Factors, Prolonged Focus / Stress.
Pharma: Spectacles, Contact Lenses, Lasik, Surgery.
Holistic: Vitamin A, Stenopaeic Glasses, Sun Gazing, Bates Method, Relaxation Techniques.

PREGNANCY:

Pharma: Ultrasound, Hospital Delivery, C-Section, Newborn Vaccines, Circumcision, Umbilical Cutting, Infant Trauma, Epidural, Birth Certificate, Formula, Twilight Sleep.
Holistic: Pre-Conception Detox, Home Birth, Water Birth, Placenta, Breastmilk, Unassisted.

DEATH:

Pharma: Hospice, Incineration, Death Tax, Egyptian Burial, Embalming, Euthanasia, Organ Donor.
Holistic: Ascension, Reincarnation, Karma, Return to Source.

